



WINTER-SPRING 2010 DROP-IN SCHEDULE

WEDNESDAY, FEBRUARY 17, 2010 – FRIDAY, MAY 28TH, 2010 (NO CLASSES: 3/22 – 4/3)

TIME	MON	TUES	WED	THURS	FRI	SAT
9:00	CitiCabaret (mixed ages) 9:30 – 10:15 \$38	Art Station (18 mos–2.5 yrs) 9:15 – 10:00 \$38				
10:00			Art Station (18 mos–3 yrs) 10:30–11:15 \$38	Art Station (18 mos – 3yrs) 10:15–11:00 \$38		CitiSports (2.5 – 3 yrs) 10:00 – 10:45 \$35
11:00	CitiGym Bop (3 – 18 mos) 11:00–11:45 \$35		CitiCabaret (mixed ages) 11:15–12:00 \$38		Mundo La Musico (mixed ages) 11:15–12:00 \$38	CitiSports (3.5 – 5 yrs) 11:00 – 11:45 \$35
12:00						
3:00		CitiGym Jump (18 mos - 3 yrs) 3:00 – 3:45 \$35			Art Station (18 mos–3 yrs) 3:30 – 4:15 \$38	
4:00	CitiGym Jam (18 mos–4 yrs) 4:15–5:00 \$35			CitiSongs (mixed ages) 4:45 – 5:30 \$38	CitiYoga (3 – 5 yrs) 4:00 – 4:45 \$38	

CLASS DESCRIPTIONS

ART STATION: Children will get messy and have fun with their friends while they investigate textures, colors, and shapes in a variety of mediums. In addition to a rotating array of sensory materials, each student will create a new project each week to take home and hang in their personal gallery.

CITICABARET: Children will be entertained and led by our energetic two man combo through fun interpretations of traditional children's songs, folk, rock, and more.

CITIGYM BOP: Held in our CitiGym, obstacles and specialized equipment provide fun and safe ways for children to climb, bounce and slide. They will build strong muscles as they work over balls, through tunnels and under bridges.

CITIGYM JAM: Graduated from Power Baby? Come to this new motion and movement class designed to harness the expanding physical energy of the developing child. Classes take place in our CitiGym and will include movement exercises, sports drills, stretches and games all accompanied by high-energy live music.

CITIGYM JUMP: Also in our CitiGym, this class will challenge your child's physical development with obstacles and equipment to keep them running, jumping and balancing with newfound strength and confidence.

CITISONGS: Join your favorite Citibabes teachers for a guitar or piano-led sing-a-long which will entertain through fun pairings of traditional children's songs, rock, folk and more.

CITISPORTS: Budding athletes practice a variety of sports while instilling the importance of teamwork and good sportsmanship. Warm-ups, drills and cooperative games encourage flexibility, mental focus and physical coordination. Our sports focus changes every few weeks; so whether learning the basics of basketball, soccer, tumbling or softball, your child gets to develop an overall appreciation for sports and a healthy, active lifestyle.

CITIYOGA: This fun and strength building class gives children an introduction to yoga's different poses and traditional breathing techniques while promoting fitness and a healthy lifestyle. Stories and games will enhance their engagement in class, and they will come away able to show you their "downward dog" and many other poses they have mastered.

MUNDO LA MUSICA: In this new music and movement class designed for children of native Spanish speaking and non-Spanish speaking families, we will explore creative movement, games and dramatic play through popular Latin-American children's songs. The class will help children develop basic musical concepts through the use of instruments and props. Children will absorb or expand upon a new language through fun and entertaining songs along with learning basic Spanish vocabulary. This upbeat and energetic class is led by a native Spanish speaker and accompanied by an improv pianist.